# BLISSFUL BREAKFAST ON THE RUN

# Full Breakfast Buffet 2040

Fresh Fruit Juice, Cereal, Yoghurt and Fruit Salad, One Croissant, Two Pancakes, Two slices of Toast and Butter, Chicken Sausage, Coffee or Tea

## TAPAS BITS AND PIECES

Fried Cashew Nuts	820
Cheese and Onion Mix	970
Diced cheddar cheese, served with onion rings, chopp chilies and olives	oed
Vegetable Samosa (3 pcs)	<u>410</u>
Mutton Samosa (3 pcs)	<u>510</u>

# SOUPS

<u> 500PS</u>	
Mushroom Soup	660
A chef's ultimate comfort food with creative twists	
Vegetable Soup	660
Mastering the art of French cooking, is rich and cream	ıy.
Tomato Soup	<u>660</u>
Topped up with crispy croutons and a touch of cream	
Chicken Soup	660
A brilliant combination of chicken, onion, garlic, carrot	s
and celery	
Bliss Fisherman Pepper Soup	<u>770</u>

#### **SALADS**

<u>Gr</u>	eek Salad				1170

Leafy greens and feta cheese along with ripe tomatoes, green capsicum, cucumber, onion, black olives. Seasoned with salt and oregano.

# Caesar Chicken Salad 1330

A lovely combination of chicken strips, lettuce, tomatoes, capers, bread croutons and cheese with Caesar dressing

### Queen Prawn Salad 1630

Queen prawns tossed in lemon-garlic butter sauce and lettuce and avocado.

# **LIGHT AND RIGHT**

### Fish Fingers 1380

Delicious bread crumbed fish strips fried and served with tartar sauce

#### Chicken Nuggets 1430

Bread crumbed chicken served with tartar sauce

## Prawns Piri Piri 1940

Queen prawns grilled with garlic and lime juice in paprika sauce

#### Lemon and Garlic Prawns 1940

Sautéed prawns with lemon, garlic and parsley served with garlic bread

## Chicken Lollipop 1430

Chicken coated with Breadcrumbs served with fries and tartar sauce

Fried Chicken with Chips 1580

## **CHICKEN WINGS**

#### BBQ Chicken Wings 1430

Crispy wings tossed in our fresh homemade BBQ sauce

# Sweet and Sour Chicken Wings 1430

Crispy wings tossed in our homemade sweet and sour sauce

Honey glazed chicken wings 1430

## **SANDWICHES**

# Classical B.L.T 12

An old time favorite with a modern twist of lettuce and tomato

#### Bliss Club Sandwich 1380

A plain or toasted triple decker of fried eggs, chicken, tomatoes, onions and lettuce

#### The Veggie 870

Fresh tomato, cucumber and onion sprinkled with grated cheddar cheese



## **WRAPS**

## Grilled Chicken Wrap 1280

A combination of sliced smoked chicken, feta and honey mustard mayo

Veggie Wrap 970

Served with ranch dressing

# PIZZA

<u>Margherita</u>	1120
<u>Hawaiian</u>	1280

Mozzarella, Pineapple, Black olives

Veggie Pizza 1430

Mozzarella, Sweet corn, Tomato, Bell pepper, Onions, Chili

BBQ Chicken 1330

Mozzarella, BBQ Chicken, Onion, Coriander

Chicken Tikka 1330

Mozzarella, Chicken Tikka, Tomato, Onion,

## **BURGERS**

(Served with a small freshly-made salad & French fries)

#### <u>Cheese Chicken Burger</u> 950

Grilled chicken patty with lettuce, tomatoes and onion topped with mayo

Lamb 950

Succulent grilled lamb mince, lettuce, caramelized onion, tomato topped with mayo

Vegetarian 850

Fresh Vegetable patty on a bed of lettuce and tomatoes

#### **SWAHILI PILAU RICE**

Chicken Pilau	1380
Mutton Pilau	1480



## **PASTA PERFECT**

(Served with a choice of spaghetti or penne)

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Pomodoro	1170
Italian style pasta in tomato based sauce cooked in	
fresh basil, garlic and olive oil	
Chicken Carbonara	1480
Tender diced chicken, bell peppers, mushrooms,	
and eggs well cooked in a white creamy sauce	
Spicy Meat Balls	1480
Italian meat balls in a spicy tomato sauce	
Creamy Bolognese	1480
A mutton mince mixed with tomato and cream,	
black pepper, basil	
Spaghetti Bahari	<u> 1530</u>
Spaghetti with a sauce of prawn and fish, tomatoes	
& garlic	

# **SEAFOOD**

Mixed Sea Food Fried Rice 1380

Oriental fried rice with Prawns , Snapper and calamari.

Tempura Squid 1430

Well marinated Calamari rings dipped in batter and deep

fried, served with Tartar sauce

#### Samaki wa Kupaka

# (Grilled Fish with Coconut sauce) 1430

Deep fried Tilapia coated with rich and thick cream and Coconut Sauce served with Rice or Ugali

Sea food Platter 5100

Coconut coated Calamari rings, cider grilled Lobster,
pepper grilled Red Snapper, deep fried King Prawns
served with buttered Potatoes, lemon butter garlic sauce
and Mayonnaise with Seasonal Vegetables
Grilled Lobster with

Garlic-Parsley Butter(500g) 2650

A Well Marinated Lobster grilled to perfection with Lemon

Garlic Butter Sauce sprinkled with Green Parsley

Grilled King Fish 1480

Grilled King Fish slices marinated with garlic , black

# **KICK-OFF**

Kuku Kikapu	1480
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Quarter bread crumbed chicken breast, deep fried and served with French fries & Mayonnaise sauce

Poussin Chicken 1530

Half chicken deep fried and tossed in a hot paprika sauce

<u>English style' Fish and Chips</u> 1480

Deep fried, battered fish with a generous portion of home-style chips and tartar sauce

Grilled Red Snapper 1380

Marinated fish fillet grilled to perfection served with lemon garlic butter sauce

Lamb Chops 1630

Prime lamb chops, marinated with herbs grilled, served with ranch sauce

Nyama ya Mchuzi

(Choice of Mutton or Chicken) 1530

Traditional stew served with a choice of Ugali, steam rice or African chapati.

Mixed Grill Platter (serving for 2) 2650

Mixed grill of chicken, mbuzi ribs, sausages with potatoes sautéed in onion served with bbq sauce and kachumbari

## **SIDES**

Plain Chips	460
Masala/Garlic/Poussin Chips	610/560/560
Mashed Potatoes	460
<u>Mataha</u>	510
<u>Ugali</u>	360
Steamed Rice	<u>510</u>
Egg Fried Rice	770
Stir Fry Veg Rice	770
Chicken Stir Fried Rice	1070
Roast/Sautéed/Lyonnaise Potato	<u>es 560</u>
<u>Kachumbari</u>	<u> 150</u>
Creamed Spinach/ Mchicha	460
Stir Fry Vegetables	770

## THE BUTCHER'S CHAR-GRILLS

(Because we prepare our meats fresh for you, please allow minimum 40mins for all grills, served with kachumbari)

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Kuku Muchomo  Half /Full  Mbuzi Muchomo  One kilo / Wet Fry  Half a kilo / Wet Fry  Mbuzi Ribs  One kilo / Wet Fry  Half a kilo / Wet Fry  Kuku Kienyeji  Full  Half	
Half /Full	1220 /1940
Mbuzi Muchomo	
One kilo / Wet Fry	1940/2090
Half a kilo / Wet Fry	1220/1380
Mbuzi Ribs	
One kilo / Wet Fry	1630/1790
Half a kilo / Wet Fry.	1070/1220
Kuku Kienyeji	
<u>Full</u>	2810
Half	1680
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# **KIDDIES' CORNER**

## Kiddie's Chicken Run 9

Crumbed chicken strips and homemade fries with tartar sauce

<u>Mr. Wimpy</u> 770

Tender grilled mini chicken burger, served with French fries and side salad

<u>Mr. Bean</u> 770

Spaghetti in tomato mutton bolognese sauce garnished with cheese

Chips & Sausage 660

Pan fried chicken sausage, served with chips & coleslaw

(Only for Kids)



<u>SWEET &amp; TEMPTING</u>	
Tropical Fruit Salad	560
An assortment of fresh seasonal fruit	
Deluxe Fruit Salad	770
Chunks of the various market available fruits	topped
up with a scoop of ice cream	
Assorted Ice Cream flavors	
(vanilla, strawberry, chocolate)	
Double	410
<u>Triple</u>	610
Fruit Platter	1070

# CAKES (Kindly enquire from the waiter)

ALL PRICES ARE INCLUSIVE OF TAXES AND SERVICE CHARGE.

